INTERNATIONAL SCIENTIFIC CONFERENCE

**“Nordic Walking – Sport – Tourism in Scientific Research”**

**3rd-4th October 2013**

**CONFERENCE PROGRAM**

|  |
| --- |
| **Wednesday, 02.10.2013** |
| 16.00-18.00 | Registration at the entrance of the Main Building |
| **Thursday, 03.10.2013** |
| 8.00-10.00 | Registration in the congress hall of the Main Building |
| **10.00 – 12.00** | Opening Ceremony |
| **Plenary session****Chairpersons: Prof. Igor Zubrzycki (Poland), Maya van Gent PhD (South Africa),**  **Prof. Tomasz Frołowicz (Poland)** |
| Venue: | Congress Hall |
| 10.15-10.45 | **THE GROWTH AND DEVELOPMENT OF RURAL EASTERN CAPE CHILDREN** **AND THE IMPLICATION FOR LONG TERM ATHLETE DEVELOPMENT**Maya van Gent, PhD (South Africa) |
| 10.45-11.15 | **NORDIC,… WALKING THROUGH THE MENOPAUSAL TRANSITION** Igor Zubrzycki (Poland) |
| 11.15-11.45 | **STUDY REGARDING THE ROLE OF MOTIVATION IN SPORT PERFORMANCE ACTIVITIES** Paul Dragos, PhD (Romania)  |
| 11.45-12.00 | Discussion |
| 12.00-12.30 | Coffee breakTourism and Recreation Faculty building |
| **12.30 – 14.00** | **2 Parallel sessions** |
| **Session 1 – Part I: Tourism in scientific research****Chairpersons: Prof. Barbara Marciszewska (Poland), Piotr Wojdakowski PhD (Poland)** |
| Venue: | Room No. 101, Tourism and Recreation Faculty building |
| 12.30-12.40 | **SPORT TOURISM AS AN OPPORTUNITY FOR THE DEVELOPMENT OF LOCAL** **TOURISM ECONOMY (Poland)** Andżelika Dzięgiel, Adrian P. Lubowiecki-Vikuk (Poland) |
| 12.40-12.50 | **SPORT TOURISM IN THE DIALOGUE OF CULTURES IN BASHKORTOSTAN**Anita Gvozdeva (Russia) |
| 12.50-13.00 | **PROBLEMS OF AGROTOURISM DEVELOPMENT AT MARAMURES** Jan A. Wendt (Poland) , Alexandru Ilieş (Romania) |
| 13.00-13.10 | **BROWNSPORTFIELDS AND TOURISM IN THE POST-SOCIALIST PERIOD** **IN ROMANIA. A NEW KEY CONCEPT** Alexandru Ilies, Cezar Morar, Jan Wendt, Gheorghe Dumitrescu, Paul Dragoş (Romania) |
| 13.10-13.20 | **TOURIST POTENTIAL BETTER VALORIZATION THROUGH CYCLING** **IN ORADEA METROPOLITAN AREA** Dorina C. Ilies, Grigore Herman, Ioana Josan, Florin Maduta, Stefan Baias, Gheorghe Dumitrescu (Romania) |
| 13.20-13.30 | **CAUSES OF CHANGES IN THE VOLUME OF TOURIST TRAFFIC FROM POLAND** **TO SPLIT-DALMATIA REGION IN CROATIA IN THE PERIOD OF 2002-2011** Tomasz Wiskulski (Poland) |
| 13.30-13.40 | **CHANGES IN THE GROUP’S SOCIAL STRUCTURE IN MOUNTAIN TOURISM**Gheorghe Lucaciu, Mirela Ştef, Marius Alin Marinău, Paul Florian Dragoş(Romania) |
| 13.40-14.00 | Discussion |
| **Session 2: Sport for all in scientific research****Chairpersons: Prof. Zbigniew Jastrzębski (Poland), Anna Szumilewicz PhD (Poland)** |
| Venue: | Room No. 102, Tourism and Recreation Faculty building |
| 12.30-12.40 | **RECREATIONAL MOVEMENT ACTIVITY OF ADULT POLES AGAINST** **A BACKGROUND OF CONTEMPORARY SPORT QUALITIES OF SPORT FOR ALL** Jolanta Mogiła-Lisowska (Poland) |
| 12.40-12.50 | **YOUTH PHYSICAL ACTIVITY AS OUT-OF-CLASS OCCUPATION** Ingrida Smuka (Latvia) |
| 12.50-13.00 | **IMPLEMENTATION INTENTIONS AND THE EFFECTIVENESS OF YOUNG** **BASKETBALL PLAYERS.** Dominika Wilczyńska, Małgorzata Wołujewicz-Czerlonko (Poland) |
| 13.00-13.10 | **SPORT AND RECREATIONAL ACTIVITY WITH A DOG – PSYCHOSOCIAL** **SIGNIFICANCE OF DOG OWNERSHIP** Anna Teodorowicz (Poland) |
| 13.10-13.20 | **SPORT PSYCHOLOGY** Nadhim Shakir Al-Wattar (Iraq) |
| 13.20-13.30 | **SPORT FOR ALL IN MODERN PEDAGOGICAL UNIVERSITY**Leila Munirova (Russia) |
| 13.30-13.40 | **THE LEVEL OF FITNESS OF SOLDIERS IN THE LIGHT OF THE ANNUAL TESTS**Jan Mieszkowski (Poland) |
| 13.40-14.00 | Discussion |
| 14.00-15.00 | Lunch\* |
| **15.00-16.30** | 3 Parallel sessions |
| **Session 1 – Part II: Tourism in scientific research****Chairpersons: Prof. Alexandru Ilieş (Romania), Prof. Jan A. Wendt (Poland)** |
| Venue: | Room No. 101, Tourism and Recreation Faculty building |
| 15.00-15.10 | **STUDENTS’ ATTITUDE AND MOTIVATION FOR OUTDOOR LIFE**Inga Liepina (Latvia), Daina Krauksta (Latvia) |
| 15.10-15.20 | **IMPACT OF TOURISM IN POMERANIA BY GERMAN NATIONALS TOURIST** **TRAFFIC IN YEARS 2004-2011** Owidiusz Moska(Poland) |
| 15.20-15.30 | **THE GEOGRAPHICAL DISASTER SPACE AS THE TOURIST SPACE**Mirela Mehring (Poland) |
| 15.30-15.40 | **PRO-QUALITY ACTIVITIES IN A TOURIST ADMINISTRATION AS A CREATING** **VALUE ELEMENT OF THE MIDDLE POMERANIAN REGION** Marcin Olkiewicz (Poland) |
| 15.40-15.50 | **RESPONSIBLE BUSINESS ON THE EXAMPLE OF PRO-ENVIRONMENTAL** **INITIATIVES ON THE POLISH HOTEL MARKET** Tomasz Taraszkiewicz , Olga Krasodomska (Poland) |
| 15.50-16.00 | **CROSS-BORDER SHOPPERS AND THE NEW RETAIL LOCATIONS. BIALYSTOK CASE STUDY.**Bar-Kołelis Delia (Poland) |
| 16.00-16.30 | Discussion |
| **Session 3: Competitive sport in scientific research****Chairpersons: Prof. Kazimierz Kochanowicz (Poland), Zbigniew Czubek PhD (Poland)** |
| Venue: | Room No. 102, Tourism and Recreation Faculty building |
| 15.00-15.10 | **AN ATTEMPT TO ANALYZE THE DETERMINANTS OF LOWER LIMBS POWER MUSCLE IN SOCCER PLAYERS - A PILOT STUDY** Andrzej Knapik, Katarzyna Szuścik, Michał Rżany, Adam Zięba (Poland) |
| 15.10-15.20 | **DIFFICULT SITUATIONS IN THE ASSESSMENT OF SOCCER PLAYERS,** **JUNIOR GROUPS** Marta Grzelczak, Kinga Kruś (Poland) |
| 15.20-15.30 | **COORDINATIVE PHYSICAL ABILITIES OF GIRLS AGED 9-12 PRACTICING** **TENNIS** Tomasz Waldziński (Poland) |
| 15.30-15.40 | **SPORT AND TOURISM FOR INTERNATIONAL YOUTH** David Guresidze (Russia) |
| 15.40-15.50 | **CHECKS PRE - INTEGRATION TEAM IN A STRESSFUL SITUATION (BASED ON CO-OPERATION WITH THE GOLD MEDALISTS YOUNG MEN'S VOLLEYBALL LEAGUES)**Magdalena Nilidzińska (Poland) |
| 15.50-16.00 | **BIOMECHANICAL ASPECTS IN FORWARD FLICK-FLAC LEARNING** Dana Ioana Cristea, Paul Florian Dragoş, Georgiana Pădure (Romania) |
| 16.00-16.10 | **PROPRIOCEPTION IN COORDINATIVELY COMPLEX SPORTS - ARTISTICS GYMNASTICS**Maciej Kazimierz Łabutin, Dariusz Kruczkowski (Poland) |
| 16.10-16.30 | Discussion |
| **Session 4: Poster session****Chairpersons: Ingrida Smuka PhD (Latvia), Zbigniew Ossowski PhD (Poland)** |
| Venue: | Room No. 103, Tourism and Recreation Faculty building |
|  | **NORDIC WALKING AS A FORM OF ACTIVITY IN THE OPINION OF SENIORS** **FROM BIAŁA PODLASKA** Jolanta Danielewicz, Mieczysław Bytniewski (Poland)  |
|  | **INFLUENCE OF NORDIC WALKING TRAINING ON MODIFICATION OFSELECTED RISK FACTORS OF FALLS IN WOMEN OVER 60 YEARS OLD**Karolina Fijałek, Zbigniew Ossowski, Katarzyna Prusik, Krzysztof Prusik (Poland)  |
|  | **THE INFLUENCE OF 6-WEEK GRADUATED STRENGTH TRAINING WITH** **THE ASSISTANCE OF SEMG ON THE FATIGUE INDEX FOR PELVIC FLOOR** **MUSCLES AMONG HEALTHY NULLIPARAS – A RANDOMIZED CONTROLLED TRIAL** Magdalena Piernicka (Poland) |
|  | **IMPROVING MOBILITY OF PERSONS IN A WHEELCHAIR AFTER ACTIVE** **REHABILITATION CAMPS** Damian Przybył , Zbigniew Ossowski, Marek Pienczyn (Poland) |
|  | **SHAPING ABDOMINAL MUSCLE EXERCISE IN PREGNANCY. THE AWARENESS** **OF WOMAN EXPECTING CHILDREN AND YOUNG MOTHERS** Natalia Rajkowska (Poland) |
|  | **THE PROMOTION OF NORDIC WALKING IN THE MUNICIPAL AREA GNIEWINO**Walder Dorota (Poland) |
|  | **THE INFLUENCE OF NORDIC WALKING ON STATIC AND DYNAMICBALANCE AMONG PEOPLE IN THE GERIATRIC AGE**Marek Wawryniuk, Zbigniew Ossowski (Poland)  |
|  | **NORDIC WALKING ROUTES – POLISH CUP IN NORDIC WALKING2011 AND 2012**Hanna Słomska (Poland)  |
|  | **IMPACT OF NORDIC WALKING TRAINING ON STRESS AND DEPRESSION** Małgorzata Niemczyk, Zbigniew Ossowski (Poland) |
| **16.30-17.00** | **Visiting of the physical exercise laboratory**Meeting point at the entrance of the main building |
| **19.00** | **Banquet\*\*** |
| **Friday, 04.10.2013** |
| **Session 5: Nordic Walking – contemporary problems and prospects****Chairpersons: Prof. Igor Zubrzycki (Poland), Prof. Roman Kalina (Poland)** |
| Venue: | Room No. 101/102, Tourism and Recreation Faculty building |
| 9.00-9.15 | **THE ASSESSMENT OF TECHNIQUES OF PEOPLE WHO USE WALKING POLES** **IN NORDIC WALKING** Joanna Piotrowska, Anna Leś, Monika Wiech (Poland)  |
| 9.15-9.30 | **COOPER WALKING TEST IN ASSESSING THE EFFECTIVENESS OF** **PHYSICAL ACTIVITIES FROM NORDIC WALKING** Jolanta Danielewicz, Mieczysław Bytniewski (Poland) |
| 9.30-9.45 | **NORDIC WALKING PARKS – THE NETWORK OF ROUTES TO PRACTISE NORDIC WALKING IN POLAND** Agnieszka Przyszlak (Poland) |
| 9.45-10.00 | **NORDIC WALKING: SPORT OR RECREATIONS FORMS** Małgorzata Woźniewicz-Dobrzyńska (Poland) |
| 10.00-10.15 | **ATTRACTIVENESS OF NORDIC WALKING IN POMERANIAN SCHOOL** **STUDENTS’ OPINION** Małgorzata Pogorzelska, Tomasz Frołowicz, Paweł Drobnik, Agnieszka Cybulska, Iwona Bonisławska, Aleksandra Bartosiewicz (Poland) |
| 10.15-10.30 | Discussion |
| 10.30-11.00 | Coffee breakBuilding of Tourism and Recreation Department |
| **11.00-12.30** | **2 Parallel sessions** |
| **Session 6: Rehabilitation in scientific research****Chairpersons: Prof. Roman Kalina (Poland), Prof. Elżbieta Prętkiewicz-Abacjew (Poland)** |
| Venue: | Room No. 102, Tourism and Recreation Faculty building |
| 11.00-11.10 | **BIOINFORMATION TECHNOLOGIES IN THE COMPLEX ASSESSMENT AND** **CORRECTION OF CEREBRAL HEMODYNAMIC IMPAIRMENTS IN JUDO-FIGHTERS** **WITH CERVICAL DORSOPATHY** Lyudmila Sharova, Nikolay Belokrylov, Yuriy Kravtsov (Russia) |
| 11.10-11.20 | **NEUROLOGICAL REHABILITATION OF PATIENTS WITH CERVICAL OSTEOCHONDROSIS**Lyudmila V. Sharova (Russia) |
| 11.20-11.30 | **THE INFLUENCE OF A 6-WEEK TRAINING PROGRAMME WITH THE ASSISTANCE** **OF sEMG ON THE PELVIC FLOOR EXERCISE TECHNIQUE AMONG FUTURE** **EXERCISE PROFESSIONALS – A RANDOMIZED CONTROLLED TRIAL** Anna Szumilewicz, Marcin Dornowski (Poland) (abstract in *Sport for all* chapter in the Book of abstracts) |
| 11.30-11.40 | **EMG EVALUATION OF THE USE OF (POL. ERGOTONOWEJ) THERAPY IN PAIN**Bartłomiej Niespodziński (Poland) |
| 11.40-11.50 | **BARRIERS OF PHYSICAL ACTIVITY (KINESIOPHOBIA) IN PATIENTS SUBJECTED** **TO CARDIAC REHABILITATION** Janusz Kocjan, Andrzej Knapik (Poland) |
| 11.50-12.00 | **INCLUSIVE EDUCATION IN MODERN SCIENTIFIC RESEARCH** Senkin Andrei (Russia) |
| 12.00-12.10 | **REHABILITATION SERVICES AS A COMPONENT OF THE COMPLEX QUALITYOF HOSPITAL SERVICES**Benedykt Bober (Poland) |
| 12.10-12.20 | **KNOWLEDGE AND INTELLECTUAL CAPITAL MANAGEMENT IN HOSPITAL REHABILITATION WARDS**Benedykt Bober (Poland) |
| 12.20-12.30 | Discussion |
| **Session 7: Nordic Walking and sport for all in scientific research****Chairpersons: Prof. Wojciech Ratkowski (Poland), Aleksandra Zarębska PhD (Poland)** |
| Venue: | Room No. 101, Tourism and Recreation Faculty building |
| 11.00-11.10 | **NORDIC WALKING – THE DEVELOPMENT OF GRASSROOTS SPORT THROUGH THE POLISH CUP COMPETITIONS NORDIC WALKING IN THE YEARS 2011-2012** Owidiusz Moska (Poland) |
| 11.10-11.20 | **PHYSICAL ACTIVITY OF NON-SPORTS VOLUNTEERS DURING UEFA EURO 2012 TM** Marek J. Brdak, Dorota Sobczak, Ida Laudańska-Krzemińska, Joanna Powidzka (Poland) |
| 11.20-11.30 | **THE BENEFITS OF REGULAR EXERCISE NORDIC WALKING**Dębski Marek (Poland) |
| 11.30-11.40 | **FORMING OF ACTIVE RECREATION ON THE EXAMPLE OF THE CITY OF KOSZALIN**Marcin Olkiewicz (Poland) |
| 11.40-11.50 | **STUDENTS SPORT**Danil Khalikov (Russia) |
| 11.50-12.00 | **GEOGRAPHIC FACTORS OF NORDIC WALKING DEVELOPMENT** Jan A. Wendt (Poland) |
| 12.00-12.30 | Discussion |
| 12.30-13.00 | Coffee breakTourism and Recreation Faculty building |
| **13.00-13.45** | **Closing Ceremony** |
| Venue: | Room No. 101/102, Tourism and Recreation Faculty building |
| 14.00-15.00 | Lunch\* |

\* *Only for Participants who have paid the conference fee*

 Obejmuje osoby, które uiściły opłatę za udział w konferencji

\*\* *Only for Participants who have paid the conference fee or the banquet fee; the banquet fee of 60 PLN can be paid on the 1st day of the conference.*

 Obejmuje osoby, które uiściły opłatę za udział w konferencji lub opłatę za udział w bankiecie w wysokości 60 PLN (dokonaną w AWFiS w dniu konferencji).