INTERNATIONAL SCIENTIFIC CONFERENCE

**“Nordic Walking – Sport – Tourism in Scientific Research”**

**3rd-4th October 2013**

**CONFERENCE PROGRAM**

|  |  |  |
| --- | --- | --- |
| **Wednesday, 02.10.2013** | | |
| 16.00-18.00 | Registration at the entrance of the Main Building | |
| **Thursday, 03.10.2013** | | |
| 8.00-10.00 | Registration in the congress hall of the Main Building | |
| **10.00 – 12.00** | Opening Ceremony | |
| **Plenary session**  **Chairpersons: Prof. Igor Zubrzycki (Poland), Maya van Gent PhD (South Africa),**  **Prof. Tomasz Frołowicz (Poland)** | | |
| Venue: | Congress Hall | |
| 10.15-10.45 | **THE GROWTH AND DEVELOPMENT OF RURAL EASTERN CAPE CHILDREN**  **AND THE IMPLICATION FOR LONG TERM ATHLETE DEVELOPMENT**  Maya van Gent, PhD (South Africa) | |
| 10.45-11.15 | **NORDIC,… WALKING THROUGH THE MENOPAUSAL TRANSITION**  Igor Zubrzycki (Poland) | |
| 11.15-11.45 | **STUDY REGARDING THE ROLE OF MOTIVATION IN SPORT PERFORMANCE ACTIVITIES**  Paul Dragos, PhD (Romania) | |
| 11.45-12.00 | Discussion | |
| 12.00-12.30 | Coffee break  Tourism and Recreation Faculty building | |
| **12.30 – 14.00** | **2 Parallel sessions** | |
| **Session 1 – Part I: Tourism in scientific research**  **Chairpersons: Prof. Barbara Marciszewska (Poland), Piotr Wojdakowski PhD (Poland)** | | |
| Venue: | Room No. 101, Tourism and Recreation Faculty building | |
| 12.30-12.40 | **SPORT TOURISM AS AN OPPORTUNITY FOR THE DEVELOPMENT OF LOCAL**  **TOURISM ECONOMY (Poland)**  Andżelika Dzięgiel, Adrian P. Lubowiecki-Vikuk (Poland) | |
| 12.40-12.50 | **SPORT TOURISM IN THE DIALOGUE OF CULTURES IN BASHKORTOSTAN**  Anita Gvozdeva (Russia) | |
| 12.50-13.00 | **PROBLEMS OF AGROTOURISM DEVELOPMENT AT MARAMURES**  Jan A. Wendt (Poland) , Alexandru Ilieş (Romania) | |
| 13.00-13.10 | **BROWNSPORTFIELDS AND TOURISM IN THE POST-SOCIALIST PERIOD**  **IN ROMANIA. A NEW KEY CONCEPT**  Alexandru Ilies, Cezar Morar, Jan Wendt, Gheorghe Dumitrescu, Paul Dragoş (Romania) | |
| 13.10-13.20 | **TOURIST POTENTIAL BETTER VALORIZATION THROUGH CYCLING**  **IN ORADEA METROPOLITAN AREA**  Dorina C. Ilies, Grigore Herman, Ioana Josan, Florin Maduta, Stefan Baias, Gheorghe Dumitrescu (Romania) | |
| 13.20-13.30 | **CAUSES OF CHANGES IN THE VOLUME OF TOURIST TRAFFIC FROM POLAND**  **TO SPLIT-DALMATIA REGION IN CROATIA IN THE PERIOD OF 2002-2011**  Tomasz Wiskulski (Poland) | |
| 13.30-13.40 | **CHANGES IN THE GROUP’S SOCIAL STRUCTURE IN MOUNTAIN TOURISM**  Gheorghe Lucaciu, Mirela Ştef, Marius Alin Marinău, Paul Florian Dragoş(Romania) | |
| 13.40-14.00 | Discussion | |
| **Session 2: Sport for all in scientific research**  **Chairpersons: Prof. Zbigniew Jastrzębski (Poland), Anna Szumilewicz PhD (Poland)** | | |
| Venue: | Room No. 102, Tourism and Recreation Faculty building | |
| 12.30-12.40 | **RECREATIONAL MOVEMENT ACTIVITY OF ADULT POLES AGAINST**  **A BACKGROUND OF CONTEMPORARY SPORT QUALITIES OF SPORT FOR ALL**  Jolanta Mogiła-Lisowska (Poland) | |
| 12.40-12.50 | **YOUTH PHYSICAL ACTIVITY AS OUT-OF-CLASS OCCUPATION**  Ingrida Smuka (Latvia) | |
| 12.50-13.00 | **IMPLEMENTATION INTENTIONS AND THE EFFECTIVENESS OF YOUNG**  **BASKETBALL PLAYERS.**  Dominika Wilczyńska, Małgorzata Wołujewicz-Czerlonko (Poland) | |
| 13.00-13.10 | **SPORT AND RECREATIONAL ACTIVITY WITH A DOG – PSYCHOSOCIAL**  **SIGNIFICANCE OF DOG OWNERSHIP**  Anna Teodorowicz (Poland) | |
| 13.10-13.20 | **SPORT PSYCHOLOGY**  Nadhim Shakir Al-Wattar (Iraq) | |
| 13.20-13.30 | **SPORT FOR ALL IN MODERN PEDAGOGICAL UNIVERSITY**  Leila Munirova (Russia) | |
| 13.30-13.40 | **THE LEVEL OF FITNESS OF SOLDIERS IN THE LIGHT OF THE ANNUAL TESTS**  Jan Mieszkowski (Poland) | |
| 13.40-14.00 | Discussion | |
| 14.00-15.00 | Lunch\* | |
| **15.00-16.30** | 3 Parallel sessions | |
| **Session 1 – Part II: Tourism in scientific research**  **Chairpersons: Prof. Alexandru Ilieş (Romania), Prof. Jan A. Wendt (Poland)** | | |
| Venue: | Room No. 101, Tourism and Recreation Faculty building | |
| 15.00-15.10 | **STUDENTS’ ATTITUDE AND MOTIVATION FOR OUTDOOR LIFE**  Inga Liepina (Latvia), Daina Krauksta (Latvia) | |
| 15.10-15.20 | **IMPACT OF TOURISM IN POMERANIA BY GERMAN NATIONALS TOURIST**  **TRAFFIC IN YEARS 2004-2011**  Owidiusz Moska(Poland) | |
| 15.20-15.30 | **THE GEOGRAPHICAL DISASTER SPACE AS THE TOURIST SPACE**  Mirela Mehring (Poland) | |
| 15.30-15.40 | **PRO-QUALITY ACTIVITIES IN A TOURIST ADMINISTRATION AS A CREATING**  **VALUE ELEMENT OF THE MIDDLE POMERANIAN REGION**  Marcin Olkiewicz (Poland) | |
| 15.40-15.50 | **RESPONSIBLE BUSINESS ON THE EXAMPLE OF PRO-ENVIRONMENTAL**  **INITIATIVES ON THE POLISH HOTEL MARKET**  Tomasz Taraszkiewicz , Olga Krasodomska (Poland) | |
| 15.50-16.00 | **CROSS-BORDER SHOPPERS AND THE NEW RETAIL LOCATIONS. BIALYSTOK CASE STUDY.**  Bar-Kołelis Delia (Poland) | |
| 16.00-16.30 | Discussion | |
| **Session 3: Competitive sport in scientific research**  **Chairpersons: Prof. Kazimierz Kochanowicz (Poland), Zbigniew Czubek PhD (Poland)** | | |
| Venue: | Room No. 102, Tourism and Recreation Faculty building | |
| 15.00-15.10 | **AN ATTEMPT TO ANALYZE THE DETERMINANTS OF LOWER LIMBS POWER MUSCLE IN SOCCER PLAYERS - A PILOT STUDY**  Andrzej Knapik, Katarzyna Szuścik, Michał Rżany, Adam Zięba (Poland) | |
| 15.10-15.20 | **DIFFICULT SITUATIONS IN THE ASSESSMENT OF SOCCER PLAYERS,**  **JUNIOR GROUPS**  Marta Grzelczak, Kinga Kruś (Poland) | |
| 15.20-15.30 | **COORDINATIVE PHYSICAL ABILITIES OF GIRLS AGED 9-12 PRACTICING**  **TENNIS**  Tomasz Waldziński (Poland) | |
| 15.30-15.40 | **SPORT AND TOURISM FOR INTERNATIONAL YOUTH**  David Guresidze (Russia) | |
| 15.40-15.50 | **CHECKS PRE - INTEGRATION TEAM IN A STRESSFUL SITUATION (BASED ON CO-OPERATION WITH THE GOLD MEDALISTS YOUNG MEN'S VOLLEYBALL LEAGUES)**  Magdalena Nilidzińska (Poland) | |
| 15.50-16.00 | **BIOMECHANICAL ASPECTS IN FORWARD FLICK-FLAC LEARNING**  Dana Ioana Cristea, Paul Florian Dragoş, Georgiana Pădure (Romania) | |
| 16.00-16.10 | **PROPRIOCEPTION IN COORDINATIVELY COMPLEX SPORTS - ARTISTICS GYMNASTICS**  Maciej Kazimierz Łabutin, Dariusz Kruczkowski (Poland) | |
| 16.10-16.30 | Discussion | |
| **Session 4: Poster session**  **Chairpersons: Ingrida Smuka PhD (Latvia), Zbigniew Ossowski PhD (Poland)** | | |
| Venue: | Room No. 103, Tourism and Recreation Faculty building | |
|  | **NORDIC WALKING AS A FORM OF ACTIVITY IN THE OPINION OF SENIORS**  **FROM BIAŁA PODLASKA**  Jolanta Danielewicz, Mieczysław Bytniewski (Poland) | |
|  | **INFLUENCE OF NORDIC WALKING TRAINING ON MODIFICATION OF SELECTED RISK FACTORS OF FALLS IN WOMEN OVER 60 YEARS OLD**  Karolina Fijałek, Zbigniew Ossowski, Katarzyna Prusik, Krzysztof Prusik (Poland) | |
|  | **THE INFLUENCE OF 6-WEEK GRADUATED STRENGTH TRAINING WITH**  **THE ASSISTANCE OF SEMG ON THE FATIGUE INDEX FOR PELVIC FLOOR**  **MUSCLES AMONG HEALTHY NULLIPARAS – A RANDOMIZED CONTROLLED TRIAL**  Magdalena Piernicka (Poland) | |
|  | **IMPROVING MOBILITY OF PERSONS IN A WHEELCHAIR AFTER ACTIVE**  **REHABILITATION CAMPS**  Damian Przybył , Zbigniew Ossowski, Marek Pienczyn (Poland) | |
|  | **SHAPING ABDOMINAL MUSCLE EXERCISE IN PREGNANCY. THE AWARENESS**  **OF WOMAN EXPECTING CHILDREN AND YOUNG MOTHERS**  Natalia Rajkowska (Poland) | |
|  | **THE PROMOTION OF NORDIC WALKING IN THE MUNICIPAL AREA GNIEWINO**  Walder Dorota (Poland) | |
|  | **THE INFLUENCE OF NORDIC WALKING ON STATIC AND DYNAMIC BALANCE AMONG PEOPLE IN THE GERIATRIC AGE**  Marek Wawryniuk, Zbigniew Ossowski (Poland) | |
|  | **NORDIC WALKING ROUTES – POLISH CUP IN NORDIC WALKING 2011 AND 2012**  Hanna Słomska (Poland) | |
|  | **IMPACT OF NORDIC WALKING TRAINING ON STRESS AND DEPRESSION**  Małgorzata Niemczyk, Zbigniew Ossowski (Poland) | |
| **16.30-17.00** | **Visiting of the physical exercise laboratory**  Meeting point at the entrance of the main building | |
| **19.00** | **Banquet\*\*** | |
| **Friday, 04.10.2013** | | |
| **Session 5: Nordic Walking – contemporary problems and prospects**  **Chairpersons: Prof. Igor Zubrzycki (Poland), Prof. Roman Kalina (Poland)** | | |
| Venue: | | Room No. 101/102, Tourism and Recreation Faculty building |
| 9.00-9.15 | | **THE ASSESSMENT OF TECHNIQUES OF PEOPLE WHO USE WALKING POLES**  **IN NORDIC WALKING**  Joanna Piotrowska, Anna Leś, Monika Wiech (Poland) |
| 9.15-9.30 | | **COOPER WALKING TEST IN ASSESSING THE EFFECTIVENESS OF**  **PHYSICAL ACTIVITIES FROM NORDIC WALKING**  Jolanta Danielewicz, Mieczysław Bytniewski (Poland) |
| 9.30-9.45 | | **NORDIC WALKING PARKS – THE NETWORK OF ROUTES TO PRACTISE NORDIC WALKING IN POLAND**  Agnieszka Przyszlak (Poland) |
| 9.45-10.00 | | **NORDIC WALKING: SPORT OR RECREATIONS FORMS**  Małgorzata Woźniewicz-Dobrzyńska (Poland) |
| 10.00-10.15 | | **ATTRACTIVENESS OF NORDIC WALKING IN POMERANIAN SCHOOL**  **STUDENTS’ OPINION**  Małgorzata Pogorzelska, Tomasz Frołowicz, Paweł Drobnik, Agnieszka Cybulska, Iwona Bonisławska, Aleksandra Bartosiewicz (Poland) |
| 10.15-10.30 | | Discussion |
| 10.30-11.00 | | Coffee break  Building of Tourism and Recreation Department |
| **11.00-12.30** | | **2 Parallel sessions** |
| **Session 6: Rehabilitation in scientific research**  **Chairpersons: Prof. Roman Kalina (Poland), Prof. Elżbieta Prętkiewicz-Abacjew (Poland)** | | |
| Venue: | | Room No. 102, Tourism and Recreation Faculty building |
| 11.00-11.10 | | **BIOINFORMATION TECHNOLOGIES IN THE COMPLEX ASSESSMENT AND**  **CORRECTION OF CEREBRAL HEMODYNAMIC IMPAIRMENTS IN JUDO-FIGHTERS**  **WITH CERVICAL DORSOPATHY**  Lyudmila Sharova, Nikolay Belokrylov, Yuriy Kravtsov (Russia) |
| 11.10-11.20 | | **NEUROLOGICAL REHABILITATION OF PATIENTS WITH CERVICAL OSTEOCHONDROSIS**  Lyudmila V. Sharova (Russia) |
| 11.20-11.30 | | **THE INFLUENCE OF A 6-WEEK TRAINING PROGRAMME WITH THE ASSISTANCE**  **OF sEMG ON THE PELVIC FLOOR EXERCISE TECHNIQUE AMONG FUTURE**  **EXERCISE PROFESSIONALS – A RANDOMIZED CONTROLLED TRIAL**  Anna Szumilewicz, Marcin Dornowski (Poland)  (abstract in *Sport for all* chapter in the Book of abstracts) |
| 11.30-11.40 | | **EMG EVALUATION OF THE USE OF (POL. ERGOTONOWEJ) THERAPY IN PAIN**  Bartłomiej Niespodziński (Poland) |
| 11.40-11.50 | | **BARRIERS OF PHYSICAL ACTIVITY (KINESIOPHOBIA) IN PATIENTS SUBJECTED**  **TO CARDIAC REHABILITATION**  Janusz Kocjan, Andrzej Knapik (Poland) |
| 11.50-12.00 | | **INCLUSIVE EDUCATION IN MODERN SCIENTIFIC RESEARCH**  Senkin Andrei (Russia) |
| 12.00-12.10 | | **REHABILITATION SERVICES AS A COMPONENT OF THE COMPLEX QUALITY OF HOSPITAL SERVICES**  Benedykt Bober (Poland) |
| 12.10-12.20 | | **KNOWLEDGE AND INTELLECTUAL CAPITAL MANAGEMENT IN HOSPITAL REHABILITATION WARDS**  Benedykt Bober (Poland) |
| 12.20-12.30 | | Discussion |
| **Session 7: Nordic Walking and sport for all in scientific research**  **Chairpersons: Prof. Wojciech Ratkowski (Poland), Aleksandra Zarębska PhD (Poland)** | | |
| Venue: | | Room No. 101, Tourism and Recreation Faculty building |
| 11.00-11.10 | | **NORDIC WALKING – THE DEVELOPMENT OF GRASSROOTS SPORT THROUGH THE POLISH CUP COMPETITIONS NORDIC WALKING IN THE YEARS 2011-2012**  Owidiusz Moska (Poland) |
| 11.10-11.20 | | **PHYSICAL ACTIVITY OF NON-SPORTS VOLUNTEERS DURING UEFA EURO 2012 TM**  Marek J. Brdak, Dorota Sobczak, Ida Laudańska-Krzemińska, Joanna Powidzka (Poland) |
| 11.20-11.30 | | **THE BENEFITS OF REGULAR EXERCISE NORDIC WALKING**  Dębski Marek (Poland) |
| 11.30-11.40 | | **FORMING OF ACTIVE RECREATION ON THE EXAMPLE OF THE CITY OF KOSZALIN**  Marcin Olkiewicz (Poland) |
| 11.40-11.50 | | **STUDENTS SPORT**  Danil Khalikov (Russia) |
| 11.50-12.00 | | **GEOGRAPHIC FACTORS OF NORDIC WALKING DEVELOPMENT**  Jan A. Wendt (Poland) |
| 12.00-12.30 | | Discussion |
| 12.30-13.00 | | Coffee break  Tourism and Recreation Faculty building |
| **13.00-13.45** | | **Closing Ceremony** |
| Venue: | | Room No. 101/102, Tourism and Recreation Faculty building |
| 14.00-15.00 | | Lunch\* |

\* *Only for Participants who have paid the conference fee*

Obejmuje osoby, które uiściły opłatę za udział w konferencji

\*\* *Only for Participants who have paid the conference fee or the banquet fee; the banquet fee of 60 PLN can be paid on the 1st day of the conference.*

Obejmuje osoby, które uiściły opłatę za udział w konferencji lub opłatę za udział w bankiecie w wysokości 60 PLN (dokonaną w AWFiS w dniu konferencji).